

THE GYM

AT THE MERCHANT HOTEL

Membership and Club Details



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Membership Packages



INDIVIDUAL MEMBERSHIP is £55 per month. The direct debit option is subject to a 3-month minimum term contract with 30 days' notice after this period in the event of cancellation. Please note our direct debit option requires a £15.00 admin fee to be paid during the sign up process. Paying annually will save you money as we charge £550 for 12months!

JOINT MEMBERSHIP is £90 per month. This membership is for 2 people who reside at the same address. The membership must be set up with one main account holder so the payment is made as 1 direct debit of £90 per month. Both joiners need to be present during the sign up process and the same 3 month minimum term contract applies with 30days notice for cancellation after the contract ends. Paying annually for joint membership is £900.



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Gym Membership Benefits



- Full access to the gym with complimentary gym induction to be shown how our selection of cardio, resistance and functional equipment work.
- Gym members receive special rates for personal training, preferential booking and exclusive offers for all gym promotions including yoga, bootcamps etc.
- Access to our thermal area which includes rock sauna overlooking the beautiful city, aroma steam room and glorious roof top hot tub.
- Changing facilities with all the amenities including towels, shampoo, conditioner, straighteners etc.
- Weekly exercise classes included in your membership with scheduled class rotations to add variety.
- Special accommodation rates on rooms where possible.
- 10% discount in the spa and our hotel restaurants (Sunday-Thursday. Alcohol not included)
- Free tea, coffee and fruit every weekday morning.
- One complimentary day pass to show off your new gym to friends and family.



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Opening Times



Monday to Friday 6:30am to 8pm

Saturdays, Sundays and Bank Holidays 8:30am to 6:30pm

KEY INFORMATION

We offer personal training packages from £250.00 as well as additional personalised fitness programmes, nutrition plans and sports massage.

Our team of dedicated personal trainers are also always on hand to help and guide you.

How to register:

You must make an appointment to become a member of our club. Sign ups are completed inhouse. Please bring along your bank details, ID and depending on which membership you choose, your initial sign up fee. This can be discussed when booking your appointment. All members must complete a medical form on registration and book their induction to get started.

